

Epworth *Vitality*

A Vibrant Community for a Carefree, Active Retirement

Spring 2007

The Kensington

Epworth Villa introduces another option for retirement living.

Introducing the Kensington Garden Home! The Kensington provides a new style of living at Epworth Villa. With over 2300 square feet of living space, the Kensington offers the privacy and space of your own home along with the safety, services and amenities Epworth Villa has spent the last sixteen years perfecting.

Consumers continue to demand large floor plans with contemporary design elements. The Kensington meets this demand with a spacious floor plan featuring 9-foot ceilings; a private courtyard; solid-surface counter tops; storm/safe room in the master bedroom closet; all appliances, including washer and dryer; and an attached two-car garage. The addition of the Kensington brings Epworth Villa's living options to 17. With everything from a studio-style apartment to a garden home, the living options at Epworth Villa are all-inclusive.



The Garden Homes will be built on the southeast corner of the Epworth Villa campus. Ten new homes will be built with attractive landscaping in a cul-de-sac style neighborhood. Construction of the Kensington Garden Homes will begin once reservation deposits have been received on eight of the ten homes.

Don't miss this exciting opportunity! With limited Kensington spaces available, reserve your location today. As the first resident, you will have the ability to choose from paint, wallpaper, carpet and flooring options. You will also have the opportunity to "upgrade" your home by enclosing the sunroom and adding a gas log fireplace. At Epworth Villa, you have all of these choices plus security for your future and freedom from housekeeping, maintenance and landscaping. Call 405-752-1200 or 1-800-579-8776 today to learn more about the Kensington, or simply mail the attached postcard.

Mardi Gras

On February 20, 2007, Epworth Villa celebrated Mardi Gras. The marketing department and residents of Epworth Villa invited guests to enjoy the festivities. Beautiful flowers filled the center of each food table highlighting the purple, gold and green theme of the day. Resident volunteers distributed Mardi Gras beads and mingled with guests. The event highlighted Epworth Villa's new Executive Chef, Ron Medley. He put together delicacies including



(Executive Chef Ron Medley)



New Orleans barbecued shrimp, crab-stuffed mushrooms, chocolate-dipped strawberries, petit fours and bananas foster. Residents and guests enjoyed the finger foods while the Bruce Benson Jazz Duo performed in the Dining Room. Guests enjoyed their time at Epworth Villa making new friends and learning about the community.

Epworth Villa Fitness and Wellness Fair

Epworth Villa recently held the annual Fitness and Wellness Fair for residents and the general public. The fair showcased all wellness components of Epworth Villa; including volunteer opportunities, wellness programs, our massage therapist, full-time chaplain and registered dietician. Twenty vendors from various businesses and organizations also attended the wellness fair. A few of these included Books a Million, the Allergy and Asthma Clinic, the Arthritis Foundation and Valir Health who provided balance and grip testing. The McBride Clinic administered bone density screenings. Bosom Friends, a specialty shop in Midwest City for adaptive women's clothing, also attended. Nursing students from Oklahoma City University voluntarily administered health screenings aboard the Lion's Club screening truck. Special thanks to resident Bob Lee who was instrumental in procuring the Lion's truck.

Entertainment was provided by the Epworth Villa line dancers The "Mostly Silver Liners." The event gave residents and visitors a chance to see all that Epworth Villa and the Oklahoma City community have to offer related to fitness and wellness.



(The Mostly Silver Liners)

Meet the Resident

Joe Oldham was born and raised in Guthrie, Oklahoma. He graduated from Oklahoma State University and then went to work with his brother at Miller Norris Janitor Supply Company. He and his brother bought the company a few years later. Joe took care of sales while his brother did the behind-the-scenes work. Joe says he had found his “cup of tea.” They had a successful business for many years until they sold the company in 1996.

Joe’s two daughters and son all live in Oklahoma City. The oldest daughter, Sally, is a lawyer and has one daughter. His son Rahe is self employed, growing and selling trees from Survivor Tree seeds at the Oklahoma City National Memorial. Joe’s youngest daughter, Polly, works for Cox Communications and has a daughter and two step-children. Joe spends a lot of his time with his youngest granddaughter, Skye; she visits him at Epworth Villa several times a week.

Joe has always been very involved in the Oklahoma City community. He is an avid golfer and at one time served as the president of the Twin Hills Golf and Country Club Board of Directors. He was also very active in his neighborhood association where he and his wife Patsy lived for 41 years. The association was instrumental in seeing that a sound barrier was added as Interstate 235 was built through north Oklahoma City. Joe volunteers with S.C.O.R.E., a partner of the Small Business Administration, offering his knowledge and advice to small business owners. Through his church, Westminster Presbyterian, Joe delivers Mobile Meals. He also just finished a program that involved reading the entire Bible in 90 days.

Joe says he has been fortunate in many instances throughout his life, and moving to Epworth Villa is just one of them. He visited a friend here and decided that Epworth Villa would be the best place for him and Patsy. It took a few months to sell their home and get their new apartment perfectly decorated. They moved in on May 17, 2004. Not long after they moved in, Patsy transitioned to the Susanna Wesley Nursing Center, just up the hall. Joe was able to stay in the apartment and bring Patsy there each evening for dinner on the patio. She passed away a short time later. Joe says, “I don’t know what we would have done” without Epworth Villa and the services available. He encourages all people interested in retirement living to make this type of decision before something happens. “Relieve your children, and avoid the stress of worrying about your future.”



(Joe and his granddaughter, Skye)

Reserve your *Kensington* Garden Home today!

Call or come by to learn more.

Monday through Friday
from 8:30 a.m. to 5 p.m.
or by appointment.

405-752-1200 or
1-800-579-8776
www.epworthvilla.com

A Vibrant Community for a Carefree, Active Retirement

Officers of the Epworth Villa volunteer board of directors:

Les Conner – Chair

Carl Pojezny – Vice Chair

Barbara J. Brandenburg - Secretary (non-voting)

Morris Permenter - Treasurer (non-voting)

Richard Woodard - President/CEO (non-voting)

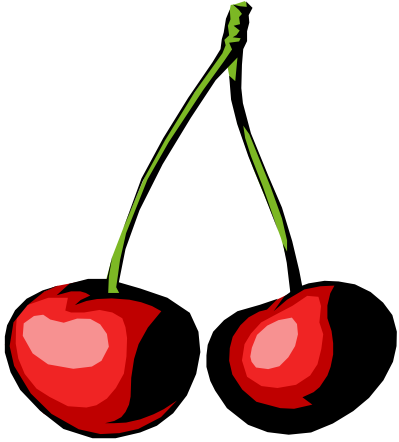
Christy Hrencher - Editor & Writer



Epworth Villa is an accredited continuing care retirement community related to the Oklahoma Conference of the United Methodist Church. Contact us at 405-752-1200; 1-800-579-8776; or online at www.epworthvilla.com.

Central Oklahoma United Methodist Retirement Facility, Inc.
Epworth Villa
14901 N. Pennsylvania Ave.
Oklahoma City, OK 73134

Join us for
Cherries
Jubilee



June 15, 2007
2:00 to 4:00 pm

Yes! I'd like to learn more about
Epworth Villa. Please send me more
information.

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____
Email _____

SP07

Special Events

May

- 18 Fishing Tournament
- 18 Heartland Voices
- 20 Annual Memorial Service
- 24 Garden Home Seminar
- 25 Bingo with Walt
- 28 Memorial Day Picnic

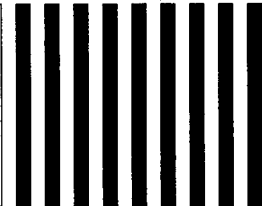
June

- 1 Write Group Presentation
- 4 North Church Children's Choir
- 8 Edmond Academy of Ballet
- 15 Cherries Jubilee
- 17 Father's Day
- 20 Summer Solstice Celebration
- 22 Michael Fresonke Concert

July

- 4 Independence Day Picnic & Dance
- 19 Marketing Luncheon

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